

Springwood Federation, Springwood Avenue, Waterlooville, Hants, PO7 8ED

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"Believing is Achieving"



Dear Parents/Carers,

I wrote to you back in September about launching a 'Back to Basics' program, which is part of the School Improvement Plan.

Looking after your family's wellbeing is very important. **Families all need some help from time to time due to life changes or events.** As a parent or carer, you can take small steps to help your child's wellbeing as well as your own. You can do this by starting with the basics.

Please take some time to have a look at the attached leaflet and try out some ideas. Think about your home environment and what **small changes** you can make together as a family.

Remember, we are also hear to listen and can offer suggestions to support you and your child at home.

Best wishes to you all

Mrs J Livingstone

Executive Headteacher

