

Year 6 Autumn 1 Design Technology

Seasonal Foods

To design, make and evaluate a seasonal harvest soup to be sold to Tesco customers as part of their new autumnal range.

Intended users – vegetarians

Purpose – to be sold in supermarkets

Product – soup



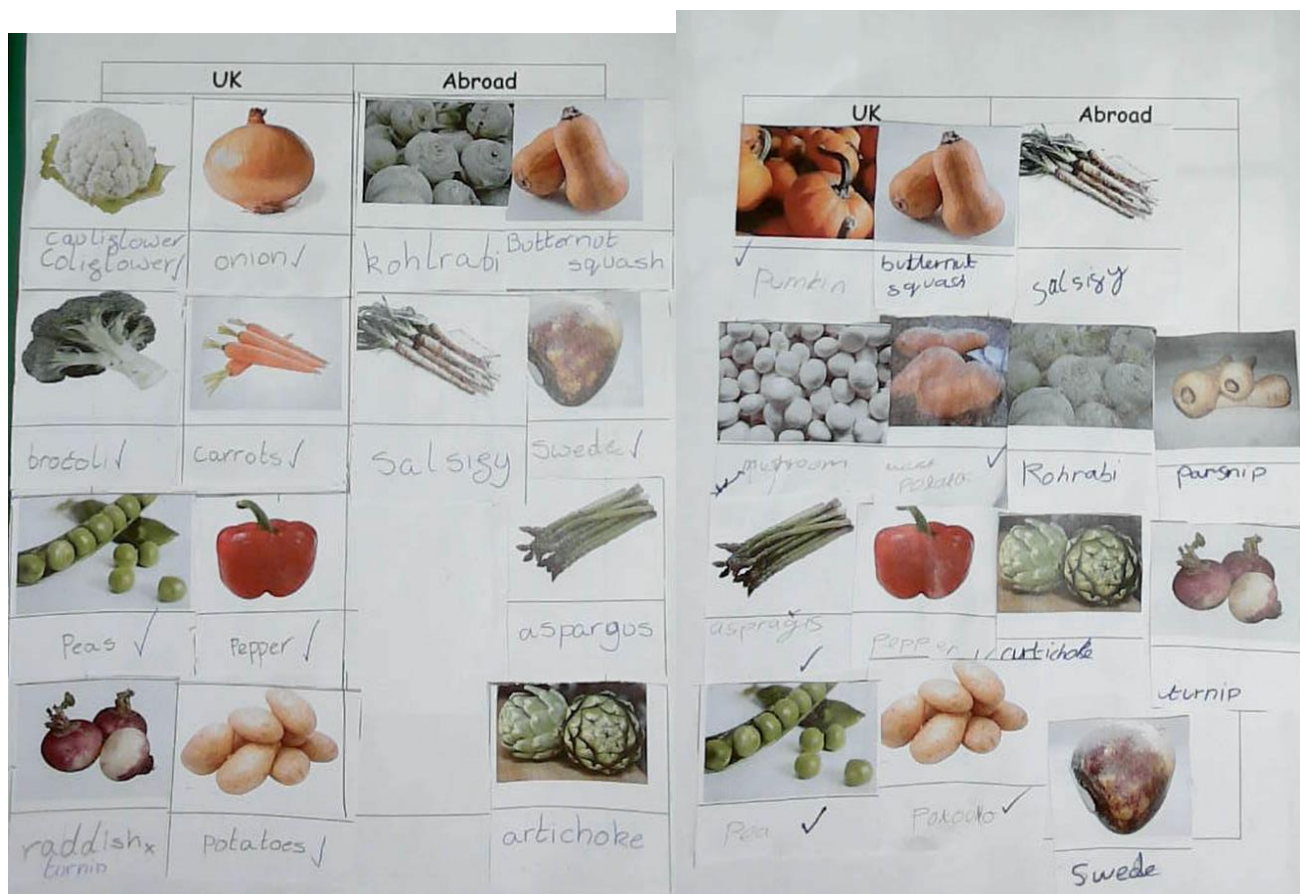
Lesson 1 11.9.24

Year 6 discussed celebrity chefs have changed the way we eat.




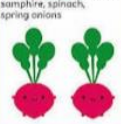






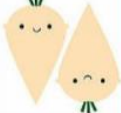
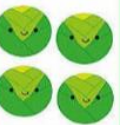
Jamie Oliver with school dinners, Joe Wicks for cooking quick meals now that both family members work. These chefs must think of the food and meals they are creating like fashion, considering what is on trend. Current circumstances need to be taken into consideration, such as the cost of living crisis. Families need access to cheap and cost-effective meals.

Year six reviewed a range of vegetables. First of all, the children had a go at naming them. Once this was completed, they sorted them into a table of veg they thought was grown in the UK and veg grown abroad. and considered which vegetables are currently in season in the UK.

It was then revealed, to the children's surprise, that all of the vegetables below are grown in the UK throughout the year.



Using all the vegetables above, year 6 placed them on a calendar wheel.

| JANUARY | FEBRUARY | MARCH | APRIL | MAY | JUNE |
|--|---|---|---|---|---|
| beetroot, brussels sprouts, cauliflower, celeriac, celery, chicory, Jerusalem artichoke, kale, kohlrabi, leeks, parsnips, potatoes, salsify, shallots, swede, turnips | brussels sprouts, cauliflower, celeriac, chicory, Jerusalem artichoke, kale, kohlrabi, leeks, parsnips, potatoes, purple sprouting broccoli, salsify, shallots, swede, turnips | cauliflower, kale, leeks, purple sprouting broccoli, salsify, spinach, spring onions, swede | asparagus, broccoli, Jersey royal, new potatoes, lettuce, purple sprouting broccoli, radishes, rocket, samphire, spinach, spring onions | asparagus, broccoli, carrots, lettuce, new potatoes, peas, radishes, rocket, samphire, spinach, spring onions | artichoke, asparagus, aubergine, beetroot, broad beans, broccoli, carrots, courgettes, fennel, french beans, kohlrabi, lettuce, mange-tout, new potatoes, pak choi, peas, radishes, rocket, runner beans, samphire, spinach, spring onions, tomatoes, turnips |
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| SEASONAL VEG IN THE UK | | | | | |
| JULY | AUGUST | SEPTEMBER | OCTOBER | NOVEMBER | DECEMBER |
| artichoke, aubergine, beetroot, broad beans, broccoli, carrots, courgettes, cucumber, fennel, french beans, kohlrabi, lettuce, mange-tout, marrow, mushrooms, pak choi, peas, peppers, potatoes, radishes, rocket, runner beans, spring onions, sweetcorn, tomatoes, turnips | artichoke, aubergine, beetroot, broad beans, broccoli, carrots, celeriac, celery, courgettes, cucumber, fennel, french beans, kale, kohlrabi, leeks, lettuce, mange-tout, marrow, mushrooms, parsnips, potatoes, pumpkin, radishes, rocket, runner beans, spring onions, squash, sweetcorn, tomatoes, turnips | artichoke, aubergine, beetroot, broccoli, carrots, celeriac, celery, chicory, fennel, kale, kohlrabi, leeks, lettuce, marrow, mushrooms, parsnips, potatoes, pumpkin, radishes, rocket, runner beans, spring onions, squash, sweetcorn, tomatoes, turnips | artichoke, beetroot, broccoli, butternut squash, celeriac, celery, chicory, fennel, kale, kohlrabi, leeks, lettuce, marrow, mushrooms, parsnips, potatoes, pumpkin, radishes, rocket, runner beans, spring onions, squash, sweetcorn, tomatoes, turnips | artichoke, beetroot, butternut squash, cauliflower, celeriac, celery, chicory, kale, kohlrabi, leeks, mushrooms, parsnips, potatoes, pumpkin, salsify, shallots, swede, turnips | beetroot, brussels sprouts, cauliflower, celeriac, celery, chicory, Jerusalem artichoke, kale, kohlrabi, leeks, mushrooms, parsnips, potatoes, salsify, shallots, swede, turnips |
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