

25/26 Year 6 Autumn 1 PSHE Scrapbook

12/9/25 Step 1

Key question/ LO: to listen to others and raise any concerns or challenges

As a pre assessment, students discussed what makes a good listener. Class played a game of silent whispers. Class discussed why the message at the end was different:

- “It was hard to hear because the person was whispering.”
- “We weren’t making eye contact.”
- “Students were talking or laughing.”
- “It’s hard to understand an isolated word or phrase without any context; i.e., without context, words and phrases can sound like they come from out of the blue.”

After modelling being an attentive/active listener to students, students themselves had a go talking and listening to each other using the scenarios.

Scenario 1

I wanted to speak to you because the start of school hasn’t been as smooth as I hoped. Honestly, it’s been pretty tough, and I could really use someone to talk to.

The classes feel a lot harder than I expected, and I’m still trying to figure out a good routine. On top of that, I don’t know many people here yet, so I’ve been feeling a bit out of place. Sometimes I even catch myself wishing I could just go back to the comfort of how things used to be.

I’m trying to stay positive, though. I keep reminding myself that it usually takes time to adjust and that things won’t always feel this way. Still, there are moments where it feels overwhelming, and I wish you were here to laugh with me about it all.

I’d love to hear how things are going with you. Just hearing from you always makes me feel a little lighter. Thanks for being the kind of friend I can share this with.

Scenario 2

I just wanted to speak to you because something’s been on my mind lately. I have this big competition coming up, and to be honest, I’m really nervous about it.

I’ve been practicing a lot, but I keep worrying that I’ll mess up or forget something when the moment comes. The thought of so many people watching makes me feel anxious, and sometimes I wonder if I’m really ready.

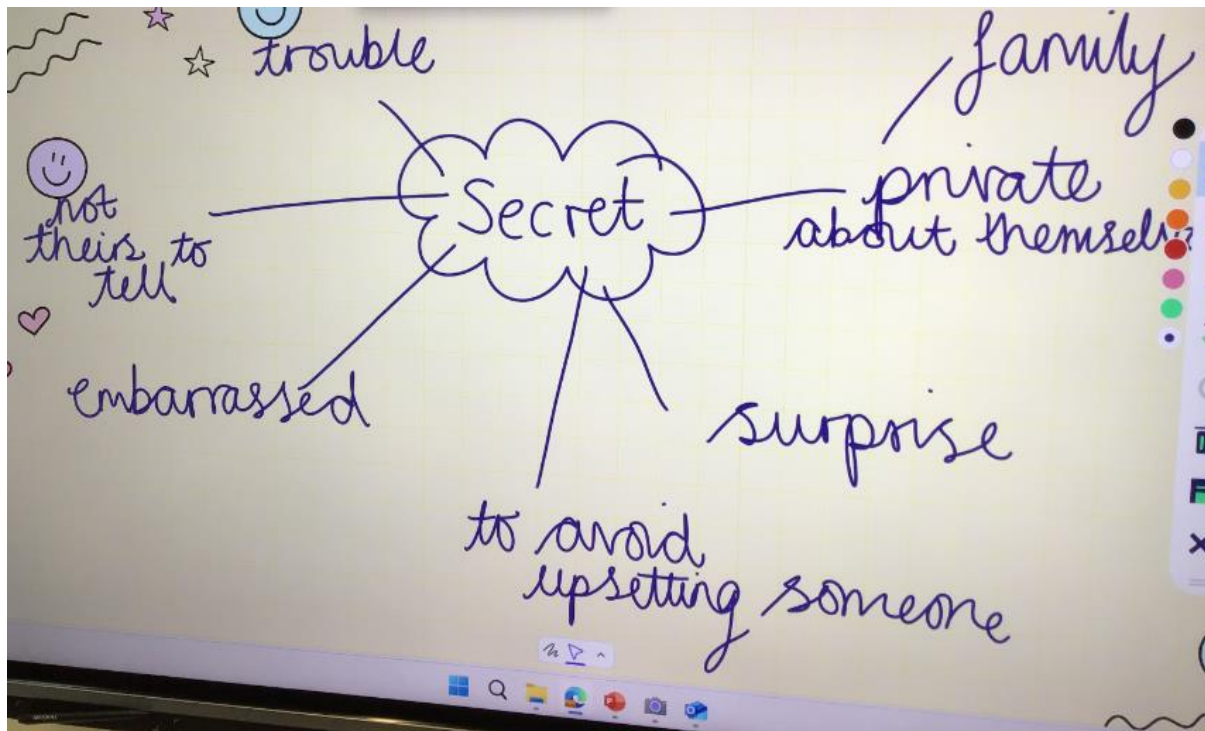
At the same time, I know how much this means to me, and I want to give it my best shot. I keep reminding myself that nerves are normal and maybe even a sign that I care about doing well. Still, it would mean a lot to know you’re cheering me on, even if you can’t be there in person.

Thanks for always being such a good friend.

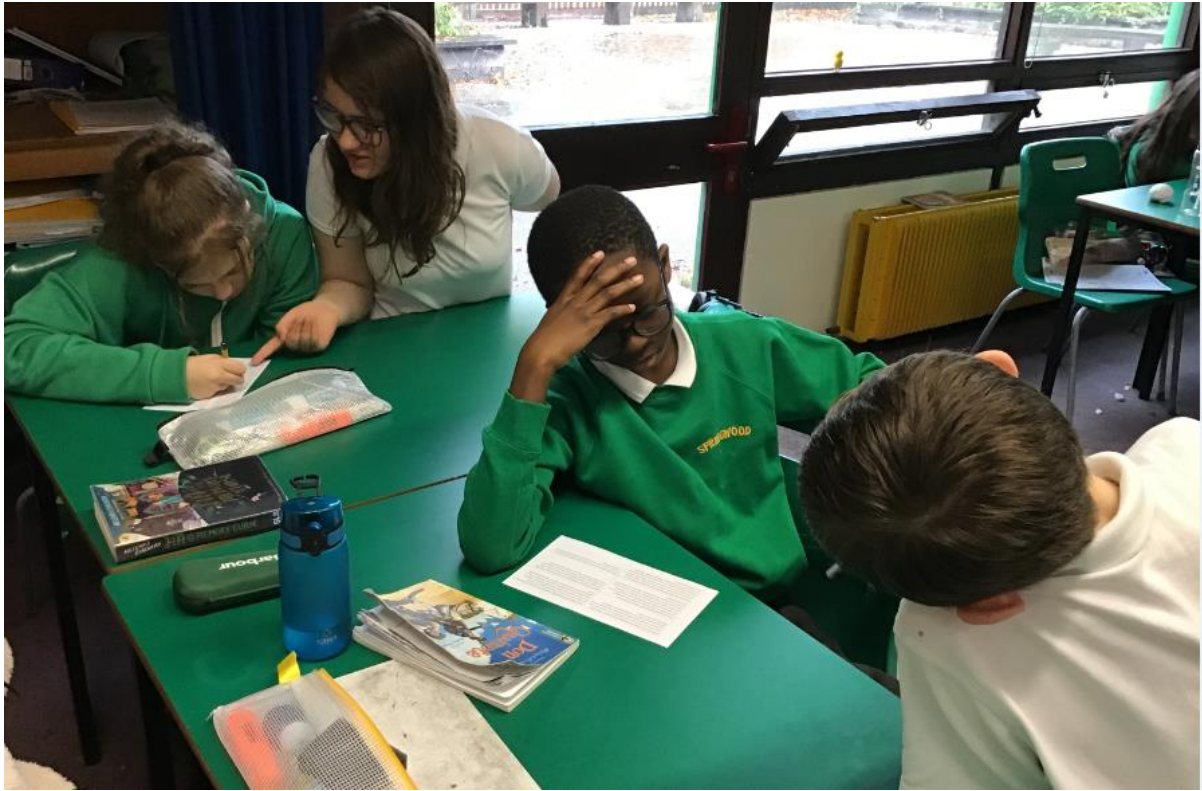
19/9/25 Step 2:

Key question/ LO: To develop the concept of ‘keeping something confidential or secret’, when we should or should not agree to this and when it is right to ‘break a confidence’ or ‘share a secret’ (R9) To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people’s feelings and to try to see, respect and if necessary constructively challenge their points of view (R10)

Discussed what reasons you can identify to keep something secret/confidential. It is important to break secrets sometimes as it can keep us and others safe Children sorted scenarios in groups as to whether they should tell a trusted adult or keep secret.



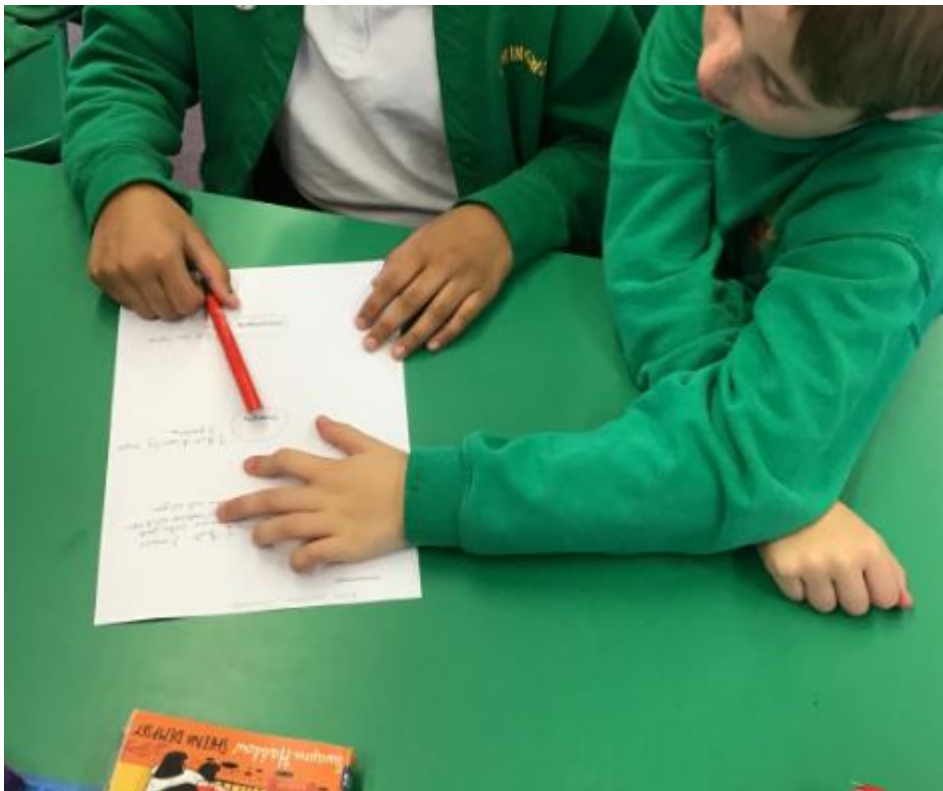
<p>It is your brother's birthday next week. Your Dad has told you what he has bought him but asks you to keep it secret from your brother. You know he is going to love it and are desperate to tell him. Should you tell him?</p>	<p>Your friend Nadiya has told her Mum she is at your <u>house</u> but you know she has gone to meet someone she has been talking to online. Nadiya has asked you to keep it a secret. Nadiya's Mum calls you and asks where she is. Should you tell her?</p>
<p>You are playing football with Florence at lunchtime. Florence has kicked the football through the caretaker's window and broken it. No one else saw. She asks you to keep it a secret. After lunch the Headteacher comes to your class to ask who broke the window. Should you tell the Headteacher?</p>	<p>Seth is having a sleepover at your house. During the night he sleepwalks into your sister's room. The next day he is really embarrassed and asks you not to tell anyone. Do you keep his secret?</p>
<p>Jonah is being bullied by some older children on his way home from school every day. They laugh at him and call him names. Jonah tells you what is happening but doesn't want anyone else because he is scared it will <u>makes</u> things worse. Should you tell a teacher?</p>	<p>Can you think of your own examples for a secret that shouldn't be shared and something that you should share?</p>



26/9/25 Step 3

Key question/ LO: to understand what makes people the same or different

Pre assessment on diversity, prejudice and stereotyping, where students wrote down words they knew/ associated to these words. In groups, students found 2 differences and 2 similarities, one hidden and one visible.

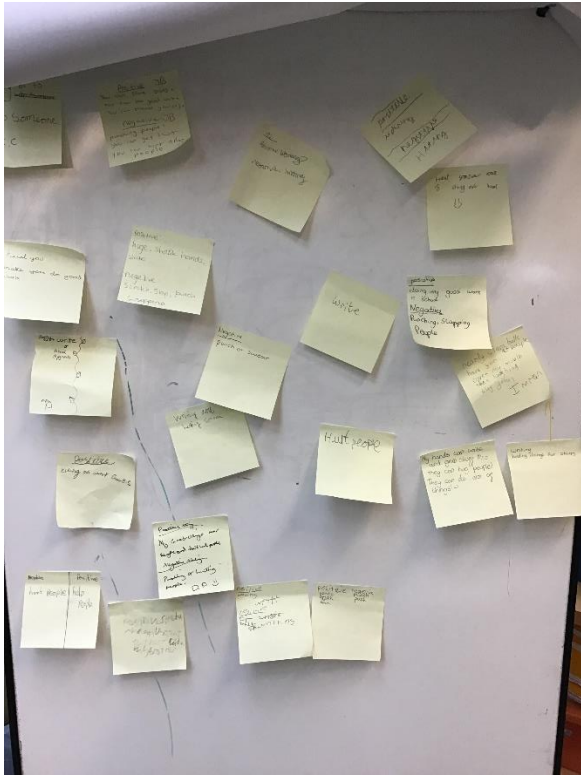


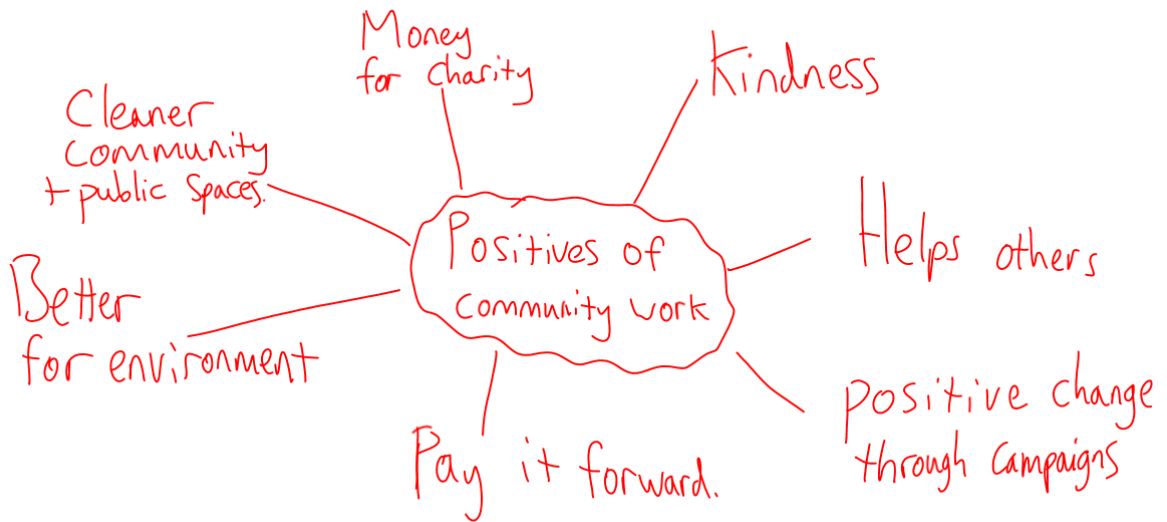


Step 4

Key question/ LO: to understand my importance in the community and how to support my community.

Pre assessment on what positive and negative things students can do with their hands. In groups students planned how they can help their community.





Seehmah, Katie, Giuseppina, Tilly, Freddie

Helping our community

What we will do:
litter pick

Where we will do it:
Springwood community center/park

Why will this help our community?
To make it a better place and safer

Why does this part of our community need our support?
because there are lots of people that litter and lots of rubbish

Why is community important?
Because you can feel welcome and part ~~of~~ of something

Molly, Piper, Kian, Lucas and Ashvik

Helping our community

What we will do:

- Donating toys that we don't need
- Raising money for charity
- Litter picking ✓

Where we will do it:

- Ocean
- Beach ✓
- Park

Why will this help our community?
It will make a better environment.

Why does this part of our community need our support?
Because people can't be bothered to get to the bin.

Why is community important?
Because we need an ecosystem to live and for the planet to stay healthy.

Eva, Briale, Mezhien, Sebastian

Helping our community

What we will do:

write letters to old people

Where we will do it:

anywhere

Why will this help our community?

because the community could
be having a hard time

Why does this part of our community need our support?

because the people could be
lonely

Why is community important?

because if it
wasn't there you
wouldn't get help
when you need it